



## MOUNT VERNON Middle School

Jennifer Tischer, M.S.Ed.  
Professional School Counselor  
District Homeless Liaison

September 18, 2015

To whom this may concern:

Please accept this letter as my enthusiastic recommendation for implementation of Rock in Prevention Workshops with youth in various settings. I have been working in youth development and PK-12 education for twenty years, and can personally attest to the positive impact of Rock in Prevention throughout these many years. After hosting Rock in Prevention in my building just last month, staff and students alike raved.

The vast majority of my students reported they "Strongly Agree" or "Agree" on various measures indicating students...

1. learned and/or enhanced essential skills for negotiating adolescence safely
2. increased the asset of "positive school climate" in their lives, one of the *just forty* (40) very most important assets for youth "success" which have been identified through 25+ years of intensive research by the Search Institute
3. had a whole lot of FUN!

Rock in Prevention workshops are a high quality, engaging, supplement to our ongoing comprehensive efforts to build enhance life skills, impact social norms, and build community *among students and staff* in our 5<sup>th</sup> – 8<sup>th</sup> grade building.

I am happy to speak with anyone to further explain our experience and feedback from students and staff. I can be reached at: 319-895-6254, x3006.

If you asked "Should we do it?", I'd answer with a resounding, "YES!"

Sincerely,

Jennifer Tischer

### "Promoting Excellence in Academics, Arts, and Athletics"

jholub@mountvernon.k12.ia.us • 319-895-6254, x3006 • 525 Palisades Road SW • Mount Vernon, Iowa 52314  
www.mountvernon.k12.ia.us

The Mount Vernon Community School District will not discriminate on the basis of race, color, age, national origin, sex, sexual orientation, gender identity, marital status (for programs), socioeconomic status (for programs), disability, religion, and creed. Students, parents, employees and others doing business with or performing services with the district who feel that they have experienced discrimination are encouraged to contact Matt Thede, Equity Coordinator, Mount Vernon Community High School, 731 Palisades Road SW, Mount Vernon, IA 52314, telephone: 319-895-8843 Ext. 4005, where our district has a grievance procedure for processing complaints of discrimination. Inquiries may also be directed in writing to the Director of Civil Rights – Region VII, US Department of Education, 310 W. Wisconsin Ave., Suite 800, Milwaukee, Wisconsin 53203-2292 (phone: 414-291-1111) or to the Iowa Department of Education, Grimes State Office Building, Des Moines, Iowa, 50319-0146 (phone: 515-281-5294).