



February 29, 2016

To Whom It May Concern,

Rock in Prevention came to King Elementary in January 2016. I fondly remember experiencing the program as a child and was excited to share that experience with my students. I was really impressed by the energetic presentation led by the presenters, Marcelo Arévalo and Jenna Huston. The presenters brought a group of high school mentors that seemed to really enjoy being at King Elementary. Mr. Arévalo, Ms. Huston and the high school students worked quickly to build rapport with the students at King.

As a school counselor, I work with students to understand the importance of assertive language in bullying situations. I was really glad that Rock in Prevention taught students to confront bullying by saying "We don't do that here." It is a simple phrase that works in a variety of situations, not just bullying. I have really enjoyed hearing teachers and students tell each other "We don't do that here" when someone is making a bad choice.

Of course, the students loved the "Rock" in Rock in Prevention. The music was engaging and positive and really helped students buy-in to the presentation and message. Students loved getting their very own CD to share with their families. The take-home activity helped engage parents in the message that bullying is not ok. We had about 40% of our students return the take-home activity the next day. Reading the comments written by parents, proved that the students were sharing this message at home.

Students and staff really enjoyed every minute of Rock in Prevention. We can't wait for them to come back to King Elementary.

Sincerely,

Nyla Mowery School Counselor nyla.mowery@dmschool.org